The Center for Youth Wellness (CYW) had a transformative year in 2015!

With our continued commitment that every child has the opportunity to grow up healthy and happy, CYW launched a three-year strategic plan in 2015, designed to guide us in leading the charge to prevent, screen and heal the negative health outcomes of Adverse Childhood Experiences (ACEs) and Toxic Stress.

As leaders in addressing an emerging public health crisis facing our nation, we are proud of our accomplishments at the local, state and national level.

• CYW screened and treated over 300 children from San Francisco’s Bayview/Hunter’s Point neighborhood for exposure to high levels of ACEs.

• CYW developed and released the CYW Adverse Childhood Experiences Questionnaire (ACE-Q) and User Guide as a screening tool and protocol for pediatric care providers.

• In partnership with UCSF and UCSF Benioff Children’s Hospital Oakland, CYW launched the Bay Area Research Consortium (BARC). The BARC aims to bolster research and scientific tools to investigate how childhood adversity affects children’s health.

• CYW convened leaders from early childhood, education, health, child welfare and juvenile justice from around California to develop a multi-sector collective impact approach to childhood adversity.

• The American Academy of Pediatrics (AAP) hosted its first-ever pre-conference session on ACEs and toxic stress, and featured CYW founder and CEO Dr. Nadine Burke Harris as their keynote speaker.

• CYW released its latest policy report, Children Can Thrive: A Vision for California’s Response to Adverse Childhood Experiences.

• CYW launched its #ChildrenCanThrive public education campaign nationally to expand awareness of ACEs and Toxic Stress.

As we move into 2016, we recognize the urgency of our work to address the effects of Adverse Childhood Experiences. CYW thanks all of our 2015 friends and supporters and invites you to continue to help us expand the movement to ensure all #ChildrenCanThrive!

Regards,

Nadine Burke Harris, MD, MPH, FAAP
Founder and CEO

Mark Cloutier, MPH, MPP
Executive Director
ABOUT CYW

The Center for Youth Wellness (CYW) is part of a national effort to revolutionize pediatric medicine and transform the way society responds to children exposed to Adverse Childhood Experiences (ACEs) that can cause Toxic Stress. Through our public awareness, research and clinical programs, we are committed to improving the health of children and adolescents.
Raising national awareness among pediatricians, parents and policymakers

Educating health care professionals on how to effectively screen for and treat ACEs and Toxic Stress

Developing, employing and researching treatments and promising practices that heal the brains and bodies of children
$4.8 Million Awarded for a Breakthrough Clinical Research Study

In 2015, the Bay Area Research Consortium on Toxic Stress and Health (BARC), which includes pediatricians, mental health clinicians, researchers and experts from Center for Youth Wellness, UCSF Benioff Children’s Hospital Oakland and the University of California, San Francisco, received a ground-breaking $4.8 million grant from the Tara Health Foundation. The grant, administered by CYW, will fund a three-year research collaboration to explore and validate an ACEs screening tool, research physiological biomarkers associated with exposure to Toxic Stress and evaluate clinical interventions to mitigate the effects of Toxic Stress.

Noting that “exposure to adversity as a child has a profound impact on a person’s health throughout their life” Dr. Ruth Shaber, the President of the Tara Health Foundation, stated that “if doctors have the right tools to screen and treat children...we can prevent chronic diseases in adults.”

In collaboration with the partnering institutions, the BARC has and will achieve the following milestones during the 2015-2019 grant period:

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<tr>
<th>Sept 1, 2015</th>
<th>September 2015 to August 2016</th>
<th>September 2016 to August 2017</th>
<th>September 2017 to August 2018</th>
<th>September 2018 to February 2019</th>
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<tr>
<td>Tara Health Grant awarded</td>
<td>Creation of MOUs, Management and Leadership Plan with partnering institutions</td>
<td>Launch and Implementation of Year 1 of the Randomized Control Trial study for the validation of the BARC ACE screening questionnaire and for the evaluation of brief and intensive interventions to mitigate impacts of Toxic Stress</td>
<td>Implementation of Year 2 of the Randomized Control Trial study for the validation of the BARC ACE screening questionnaire and for the evaluation of brief and intensive interventions to mitigate impacts of Toxic Stress</td>
<td>Analysis of data collected and dissemination of results through scientific publications</td>
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<td>Submission of Feasibility Pilot Study Research Protocol and IRB application to the UCSF Benioff Children’s Hospital Oakland Institutional Review Board</td>
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<td>Development of the BARC ACE Screening Questionnaire</td>
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<td>Identification of biomarkers panel</td>
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<td>Development of the Preventive Primary-care based Interventions for children at risk of exposure to Toxic Stress</td>
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<td></td>
<td>Planning of the Randomized Control Trial study for the validation of the BARC ACE screening questionnaire</td>
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<td></td>
<td>Recruitment of 300 patients</td>
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<td>Recruitment of 300 patients</td>
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Local Youth Implement Research Study on ACEs

The “ACEs Among Teenage Youth in San Francisco” research study in collaboration with H20 Productions and Leadership High School (LHS) youth researchers utilizes principles of community based participatory research to understand the prevalence of ACEs among youth, and the association of ACEs with socio-demographics and academic performance. Data collection officially began in Fall 2015 after approval from a private Independent Research Board (IRB) and the San Francisco Unified School District to refocus the study comprehensively on 9th-12th grade students at LHS. Youth researchers will inform and work with the CYW research team to share results and lessons from the study throughout 2016.

Watch LHS students’ creative interpretation of how ACEs affect them in their everyday life:

Toxic Stress, Toxic Streets

Play Video

https://vimeo.com/100606691
CLINICAL

CYW Releases ACEs Screening Tool and User Guide for Pediatricians

Recognizing the growing community of health care professionals who understand the opportunity presented in addressing ACEs in a pediatric setting, the Center for Youth Wellness released our CYW Adverse Childhood Experiences Questionnaire and User Guide (CYW ACE-Q) in 2015. Since its release, over 750 clinicians from around the nation have downloaded the tool from the CYW website for use in their practices.

The CYW ACE-Q screening instrument, designed for use in pediatric offices, seeks to identify young people who have been exposed to ACEs. The accompanying User Guide walks pediatricians through the process of administering and interpreting the screening, as well as discussing treatment options with children and their caregivers.

The release of the CYW ACE-Q is the result of collaborative work by CYW’s Clinical and Research teams, along with our clinical pediatric partner Bayview Child Health Center.

OF PATIENTS SERVED IN 2015:

61% OF OUR SCREENED PATIENTS HAVE AN ACES SCORE OF 4+
9 THE AVERAGE AGE OF OUR PATIENTS
50% 50%
MORE CLINICAL

CYW Serves More Children and Families

Located in San Francisco’s Bayview community, Center for Youth Wellness’ Clinical Program operates in partnership with pediatric clinical partner Bayview Child Health Center (BCHC) to ensure all patients are screened for Adverse Childhood Experiences (ACEs) at annual pediatric check-ups. BCHC patients exhibiting the measurable effects of ACEs are referred to CYW for individualized clinical interventions.

In collaboration with BCHC pediatricians and therapists from UCSF’s Child Trauma Research Program (CTRP), CYW’s research-based multidisciplinary intervention services include: care coordination, home visiting, mental health services, health education, social work, mindfulness and two-generation interventions. In 2015, CYW expanded its services to serve over 300 children and families.

INCREASE IN PATIENTS SERVED:

<table>
<thead>
<tr>
<th>Year</th>
<th>Patients Served</th>
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<tbody>
<tr>
<td>2013</td>
<td>202</td>
</tr>
<tr>
<td>2014</td>
<td>236</td>
</tr>
<tr>
<td>2015</td>
<td>315</td>
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POLICY & ADVOCACY

CYW releases “Children Can Thrive” Policy Report

In 2015, the Center for Youth Wellness released “Children Can Thrive,” a policy report setting a vision for California’s response to Adverse Childhood Experiences. As a follow-up to CYW’s successful data report “A Hidden Crisis: Findings on Adverse Childhood Experiences in California,” “Children Can Thrive” provides a comprehensive vision based on multi-sector participant input from CYW’s 2014 ACEs Summit. The report is sparking a conversation about California’s future and received coverage in the Chronicle of Social Change.

CYW Leads Policy Working Group and Convening on Childhood Adversity

Following-up on the first-of-its-kind ACEs Summit in 2014, the Center for Youth Wellness has continued to lead a multi-sector Policy Working Group in California to develop a comprehensive action plan and agenda to address childhood adversity in the state.

With participants from health, education, juvenile justice, early childhood and child welfare sectors, the policy working group met throughout the year, culminating in a convening hosted by CYW in San Diego with over 85 participants. The group is continuing to create an ecological model and agenda that addresses the effects of early adversity and trauma on a child’s health, learning and future outcomes.
COMMUNICATIONS & PUBLIC AWARENESS

TEDMED Talk Reaches Over 2 Million Views

The groundbreaking TEDMED talk by CYW Founder and CEO Dr. Nadine Burke Harris was released in 2015 and has been viewed over 2 Million times. Dr. Burke Harris and her talk have helped to revolutionize national awareness and understanding on the health impacts of Adverse Childhood Experiences and Toxic Stress. The talk is actively used in trainings, college curricula and continuing education programs.

Watch Here
http://www.tedmed.com/talks/show?id=293066

“THE KIND OF WORK THAT DR. BURKE HARRIS IS DOING IS INCREDIBLY INNOVATIVE.”

- Dr. James Perrin
Past President
American Academy of Pediatrics
MORE COMMUNICATIONS & PUBLIC AWARENESS

CYW Hosts Trainings on ACEs

The Center for Youth Wellness led 37 trainings and education sessions in 2015 to nearly 1,000 parents, community members and leaders, educators, health and child welfare providers and policy makers across the Bay Area. CYW provided trainings to members of San Francisco’s Police Department, School District and Department of Public Health on how to use an ACEs framework with children, youth and adolescents. CYW understands the need to collaborate across youth-serving sectors to treat the whole child on the effects of early adversity and trauma.
The Center for Youth Wellness is implementing a national public education campaign targeted at pediatricians, parents and policymakers to bring broad awareness on the effects of early adversity and trauma on the brains and bodies of children. The #ChildrenCanThrive campaign is leveraging social media, online education and in-person events to broaden the understanding and awareness of the issue. In 2015, CYW increased participation in the campaign by adding an additional 2,071 followers.
Dr. Nadine Burke Harris gives a keynote about ACEs and Toxic Stress at the First 5 California 2015 Child Health, Education and Care Summit

Dr. Nadine Burke Harris’ TEDMED Talk goes live on Ted.com

CYW Releases Findings of community research assessment to Bayview Community Members

CYW celebrates its 3 year anniversary

Dr. Nadine Burke Harris Presents “Intervening in ACEs” to the New Profit Bet Gathering of Leaders Conference

Dr. Burke Harris’ Ted Talk reaches 1 million views

CYW participates in Alice Griffith Health Fair in the Bayview Hunters Point Neighborhood

CYW Community Research Board receives trainings in research methods

CYW supports BMAGIC’s 10th Annual Literacy Freedom event, reaching 443 children from 12 Bayview schools and child development centers by distributing 1,329 books

Mark Cloutier, MPH/MPP joins CYW as its first Executive Director

Dr. Nadine Burke Harris facilitates the Early Childhood Education Working Group discussion at the Clinton Global Initiative 2015

Dr. Nadine Burke Harris speaks in front of Congress on behalf of the Kempe Center at the Summer 2015 Washington Child Abuse and Neglect Research Visibility Initiative Congressional Briefing

Dr. Burke Harris announces the release of the CYW ACEs Screening Tool and User Guide at the Aspen Ideas Festival Spotlight Health

2015 YEAR IN REVIEW
CYW releases ACEs Screening Tool and User Guide to pediatricians

Dr. Nadine Burke Harris speaks at the United Way Bay Area’s Women’s Leadership Luncheon

CYW hosts Professional Mixer to bring health professionals in the Bayview Community together to network

U.S. Surgeon General Dr. Vivek H. Murthy speaks about the effects of ACEs and Toxic Stress at CYW hosted event

CYW hosts the Kids Zone during the Southeast Community Facility Commission’s 8th Annual Family Health Fair

NBC’s Willie Geist interviews Dr. Nadine Burke Harris for Google Zeitgeist 2015 Session “Boldly Going”

American Academy of Pediatrics, for the first time ever, dedicates day one of their National Conference & Exhibition to discussing ACEs – Dr. Nadine Burke Harris keynotes

Dr. Nadine Burke Harris is named as a recipient of the Regional Jefferson Award for Public Service

CYW Research Team conducts a Comprehensive Literature Review of scientific articles published between 2001 and 2015 related to ACEs and toxic stress

CYW publishes the policy report “Children Can Thrive: A Vision for California’s Response to Adverse Childhood Experiences”

CYW officially embeds with the Bayview Child Health Center to further improve communication with patients and pediatricians

CYW launches the #ChildrenCanThrive national campaign

CYW, UCSF Benioff Children’s Hospital Oakland and UCSF launch the Bay Area Research Consortium with a $4.8 Million grant from the Tara Health Foundation

CYW hosts the California Policy Convening on Childhood Adversity in San Diego

Along with its statewide policy partners, CYW releases “An Action Plan: 7 Recommendations for Addressing Childhood Adversity in California”

Dr. Nadine Burke Harris speaks at Southern California Kaiser Permanente 57th Annual Pediatric Symposium
Center for Youth Wellness’ (CYW) expenses exceeded revenue for 2015. Reserve funds were used to cover the difference. CYW is building its capacity to grow and made key investments in key staff and infrastructure, allowing it to strategically focus efforts to diversifying its funding. Also, CYW invested in advanced finance technology resulting in efficient financial tracking and reporting.

CYW is very pleased that its independent auditor issued an unqualified opinion on its audited financial statements and there were no deficiencies identified in the internal control processes that would be considered a material weakness and reportable to the Board.

The information represents the financial activities for 2015. A complete copy of CYW’s financial statements audited by Armanino LLP is available upon request from Center for Youth Wellness.
2015 Fiscal Year Contributions

Founding Leadership Circle ($100,000+)
- The Annie E. Casey Foundation
- Battery Powered
- CPMC/Sutter Health
- Center for Health Care Strategies
- Genentech
- Google.org
- The James Irvine Foundation
- The JPB Foundation
- Kaiser Permanente
- Lisa and John Pritzker Family Fund
- Los Angeles Partnership for Early Childhood Investment
- Metta Fund
- Sarlo Foundation
- Tara Health Foundation
- Tipping Point Community

Leadership Circle ($50,000-$99,999)
- 1440 Foundation
- The David B. Gold Foundation
- Nadine & Arno Harris
- Hellman Foundation
- JaMel & Tom Perkins
- The Younger Family Fidelity Fund

Leading Benefactor ($25,000-$49,999)
- Dr. Eva Ihle (In-kind)
- Latham & Watkins LLP (In-kind)
- Mimi and Peter Haas Fund
- Annie Robinson Woods
- Bradley Singer
- Urban Strategies For Good Inc.
- Zeilerbach Family Foundation

Benefactor ($10,000-$24,999)
- Victor Carrion
- George F. Jewett Foundation
- Frederick and Margaret Weyerhaeuser Family Foundation
- The Ray and Dagmar Dolby Family Fund
- Recurrent Energy
- San Francisco 49ers Foundation
- ValueAct Capital

Leading Advocate ($5,000-$9,999)
- The Clif Bar Family Foundation
- Mark Cloutier
- The Driscoll Foundation
- Jeffrey Fraenkel
- Michelle & Ian Glass
- Jillian Manus
- Mary Kelly Persyn
- The San Francisco Foundation

Advocate ($1,000-$4,999)
- Joshua Bridle & Robert Benavidez
- Rachel Chalmers
- Raymond Doty
- Tad Freese
- Google
- Chrysanthe Gussis
- Ken & Judith Joy Foundation
- The Jacob & Valeria Langeloth Foundation
- Jude & Eileen Laspa
- Jessamyn Lau
- Suzanne Lee
- Kimberly Lister
- Mark McCormick
- Microsoft
- Gina Pelucca
- Google
- Pincus Family Fund
- Dana Schmidt
- Loel Solomon
- The Willis Foundation

Supporter ($500-$999)
- Ian Bell
- Pamela G. Bradford
- Elixir SF
- Kimberly Lister
- Teresa R. Luchsinger
- Macquarie Group Foundation
- Julie Mozena
- Ann O’Leary
- Esther & Louis Trapadoux

Friend (Up to $499)
- 24Hour Tek Inc.
- Anonymous (6)
- Adele Austin
- Jamie Austin
- Nancy Ballon
- Valentin Bercovici
- Barbara Berkeley
- Theresa Cangelosi
- Rachel Chalmers
- Timothy Chevalier
- Constance Clark
- Robert M. Crowl
- Margaret Cunniff
- Thomas Davis
- Allison Elgart
- Andrea Elliott
- Jeremy Fitzhardinge
- Susan Gardner
- Yoz Grahame
- Rebecca Grant
- Janet Gunn
- Dana Harrel & Daniel Roemer
- Marilyn Hayward
- Katherine Henrickson
- Eboni Hill
- J Hilton
- Eleanor Hurley
- Jamey Jacobus
- Alexandre Lebrun
- Ann H. Lewis
- Eric Mann
- April Marshall
- Deb Martinson
- Cheryl M. Masters
- Fumihiko Matsumura
- Susan McGarry
- Beverly Mills

Carol Moran
Tina O’Grady
Nancy Ostler
Patxis Pizza (In-kind)
ProQuest
Bret Ritchman
William E.G. Rothmann
Shamrock Moving & Storage (In-kind)
Lilac Schoenbeck
Leslie Tannahil
Ann H. Telhorst
Paul Tough
Julie Van Voris
Lewis Whitehead
Henry Wilde
Benjamin Willett
Gil Zeimer
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