“WE ARE ALL HEALERS.”
TO OUR FAMILY,

Each time I walk into our beautiful new space at 3450 Third Street, I am reminded of how fortunate I am to be part of a team that embraces health and wellness. From the patient and family-oriented therapy rooms, our weekly meditations, to our spontaneous dance parties, our new home embodies everything the CYW represents and more. We have an incredible team of individuals committed to preventing, screening and healing toxic stress in children exposed to Adverse Childhood Experiences (ACEs), and every day we are building stronger families and challenging the cycle of poverty. As I sit here and read our very first annual report, I am filled with hope – because of what we achieved in 2013 and because of what we are poised to accomplish in 2014.

2013 was a year of learning and new opportunities for the CYW.

• In partnership with CPMC/Bayview Child Health Center, we served 202 patients with consultation or referral.

• We shared our learnings with our friends at the Iowa ACEs summit and co-hosted a convening on trauma with The California Endowment.

• We are thrilled with our partnership with Next Generation and the Clinton Foundation on “Too Small to Fail,” a new national initiative to promote the health of children zero to five

• Most importantly, we formed our Community Advisory Council, a group of Bayview residents, leaders, and caregivers who inform every piece of our program development

I am inspired by the diverse group of individuals – parents, grandparents, clinicians, a former U.S. Secretary of State – who are committed to ensuring that every child has the opportunity to live a happy and healthy life. There are so many people to thank. Each and every staff member, board member, partner and contributor is responsible for the amazing growth and milestones we have achieved as an organization over the past year.

All of this gives me hope. It gives me hope that there are so many brilliant minds working together to build a response to ACEs and toxic stress. It gives me hope that together we can transform the lives of countless children.

We believe Health Begins With Hope. Your generosity gives us the ability to do this work. You are the reason we are here. You are the reason we are able to bring hope into the lives of our families. Together, we are all healers.

Thank you.

[Signature]
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OUR GOAL
At the Center for Youth Wellness, our goal is to change the standard of pediatric practice by creating a clinical model that recognizes the impact of adverse childhood experiences (ACEs) on health and effectively treats toxic stress in children. We do this by using a multidisciplinary approach focused on preventing and undoing the chemical, physiological and neurodevelopmental results of ACEs. Our model integrates primary health care, mental health and wellness, research, policy, education, and community and family support services to meet children and families where they are and help them lead healthier lives.

OUR MISSION
To improve the health of children and adolescents exposed to Adverse Childhood Experiences.

OUR PATIENTS
During 2013 we developed and refined assessment tools to track changes in our patients’ behavioral and physical health over time. We will begin to collect outcome data for our internal learning processes as we continue to develop the program.

Here is a little more about our 202 patients served in 2013.

67% OF OUR SCREENED PATIENTS HAVE AN ACES SCORE OF 4+

THE AVERAGE AGE OF OUR PATIENTS IS 9
OUR PROGRAMS

CLINICAL PROGRAMS
We provide a variety of carefully coordinated mental health and wellness interventions to address the impact of ACEs and toxic stress, such as assessment, home visits, psychotherapy, mindfulness and coping skills. These interventions are guided by a multi-disciplinary, two-generation approach.

RESEARCH & EVALUATION
Our research program is organized as a community-engaged and community-based participatory research (CBPR) program. CBPR is an applied collaborative approach that allows members of the community to actively participate in the full spectrum of the research program. We will conduct and disseminate promising and evidence-based research and knowledge about ACEs and its consequences. Today’s research increasingly focuses on biological links between ACEs and chronic disease.

POLICY & ADVOCACY
Policy advocacy is a key part of the Center for Youth Wellness’ work to support prevention and healing for children, families and communities. We create awareness about the serious and pervasive impact of ACEs in children and the need to shift resources toward effective early intervention and treatment programs.

COMMUNITY EDUCATION & ENGAGEMENT
Through our Community Education program, we conduct staff training workshops for service providers working with children and families on ACEs and toxic stress. We also conduct community-based and school-based ACEs awareness and information programs; run ACEs-related webinars, trainings and workshops for parents and educators; and develop and distribute resources and materials.
OUR TEAM

STAFF

Tuere Anderson, LCSW, Assistant Clinical Director
Nicole Banks, MFT Practicum Student/Receptionist
Cecilia Chen, Policy Analyst
Sarah Dihmes, PhD, Biofeedback Clinician
Rebecca Grant, Executive Assistant
Janine Greer, MA, Health Educator
Nadine Burke Harris, MD, MPH, FAAP, Chief Executive Officer
Latanya Hilton, Director of Development
Lisa Hunter, MA, Director of Organizational Learning and Data
Suzy Loftus, Esq., Chief Operating Officer
Sarah Mihee Kim, Development Associate
Carol Moran, Finance and Operations Manager
Susanna Osorno-Crandall, Director of Strategic Initiatives
Kim Pierson, Receptionist
Todd Renschler, PsyD, Director of Clinical Programs
Christina Sandoval, Care Coordinator
Simona Zompi, MD, PhD, Director of Research
BOARD

Lenore Anderson, Esq., Executive Director, Californians for Safety and Justice

Victor G. Carrion, MD, Professor, Lucile Packard Children’s Hospital; Director, Stanford Early Life Stress Research Program

Mark Cloutier, MPP, MPH, Regional CEO, Gateway to the Golden State, American Red Cross

Nadine Burke Harris, MD, MPH, FAAP, Chief Executive Officer, Center for Youth Wellness

Daniel Lurie, Founder + Chief Executive Officer, Tipping Point Community

Susie Sarlo, Vice President, The Sarlo Foundation

Emily Webb, MPH, Director of Community Health Programs, California Pacific Medical Center

Danielle York, San Francisco 49ers
2013 YEAR IN REVIEW

January

- Community Advisory Council (CAC) launches
- Dr. Burke Harris speaks at Congressional Briefing in Washington, DC on behalf of the National Health Collaborative on Violence and Abuse
- CYW staff engages in Theory of Change workshop led by David Hunter Consulting

February

- San Francisco Planning Commission unanimously approves permit for permanent location at 3450 Third Street
- Dr. Burke Harris receives 2013 Black History Hero Award from KQED
- CYW soft launches clinical programs by providing case management services to patients

March

- CYW celebrates 1 year anniversary of 501c3 status

April

- CYW announces partnership with “Too Small to Fail,” a joint initiative by Hillary Clinton, Clinton Foundation and Next Generation
- Dr. Burke Harris delivers keynote address at the HOPE SF Annual Leadership Committee Convening

May

- Dr. Burke Harris delivers keynote speech for San Francisco Unified School District’s Health Program’s Back To School Day

June

- Dr. Burke Harris and Director of Clinical Programs, Dr. Todd Renschler, participate in the National Summit on Adverse Childhood Experiences (ACEs) in Philadelphia
- Dr. Burke Harris receives 2013 Black History Hero Award from KQED
- CYW co-hosts trauma convening with The California Endowment in Sacramento
- CYW moves, along with Bayview Child Health Center, to permanent location at 3450 Third Street, Bldg. 2

2013 YEAR IN REVIEW
CYW staff partners with Ernst & Young and participates in a community garden project hosted by Bayview Opera House

CYW is featured in SF Magazine article “Poverty is Making Kids Sick”

CYW partners with the San Francisco District Attorney’s Office and Supervisor Malia Cohen to begin planning for $1 million federal grant a $1 million federal grant to address the impact of crime victimization in Eastern Bayview

Dr. Burke Harris is featured on Cosmo’s 2013 Power List

Dr. Burke Harris delivers keynote speech for San Francisco Unified School District’s Health Program’s Back To School Day

CYW participates in annual B-magic Backpack Giveaway

Dr. Burke Harris delivers opening keynote at 2013 Iowa Adverse Childhood Experiences Summit

Dr. Burke Harris receives the Arnold P. Gold Foundation Humanism in Medicine award presented by the American Academy of Pediatrics (AAP) at the AAP National Conference & Exhibition (NCE)

CYW co-hosts trauma convening with The California Endowment in Sacramento

CYW moves, along with Bayview Child Health Center, to permanent location at 3450 Third Street, Bldg. 2

CYW Board of Directors host “Health begins with Hope: A Reception to benefit the Center for Youth Wellness” at the San Francisco Jazz Center

CYW launches new brand identity developed by Fenton Communications

Dr. Burke Harris delivers keynote at the HOPE SF Annual Leadership Committee Convening

San Francisco Planning Commission unanimously approves permit for permanent location at 3450 Third Street

Dr. Burke Harris receives 2013 Black History Hero Award from KQED

CYW soft launches clinical programs by providing case management services to patients

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Dr. Burke Harris delivers keynote speech for San Francisco Unified School District’s Health Program’s Back To School Day

Dr. Burke Harris and Director of Clinical Programs, Dr. Todd Renschler, participate in the National Summit on Adverse Childhood Experiences (ACEs) in Philadelphia

CYW is featured in San Francisco Examiner article “Bayview center pioneers approach to crime prevention by fighting stress in youth”

CYW is featured in The California Report Magazine radio broadcast “Helping Kids Get a Healthy Start in Life”

Served 202 patients impacted by ACEs and toxic stress in 2013

Over 100 new donors added to the CYW family in 2013
The below represents the unaudited financial snapshot for 2013. Our financial audit will be completed in May 2014 and audited financials will be available at that time. The below gives our supporters a comprehensive overview of the Center for Youth Wellness’ financial position as of 12/31/13.

### 2013 REVENUE & SUPPORT

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Foundations</td>
<td>$1,952,353</td>
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<tr>
<td>Individual Donations</td>
<td>$206,788</td>
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<tr>
<td>Corporate</td>
<td>$186,300</td>
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<tr>
<td>Special Events</td>
<td>$29,960</td>
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<tr>
<td>In-Kind</td>
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<td><strong>Total</strong></td>
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2013 EXPENSES

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<td>Clinical Program</td>
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ASSETS

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<td>Net assets</td>
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<td><strong>Total</strong></td>
<td>$4,609,100</td>
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In FY 2013, we celebrated major fundraising success and completed construction on our new space at 3450 3rd Street. Construction delays caused us to underspend in 2013 and we look forward to fully executing our program model in our new space in 2014 and sharing our key learnings.
LEADERSHIP CIRCLE ($50,000+)

Center for Youth Wellness would like to especially thank the members of our Leadership Circle. Through the impactful generosity of these donors, we are able to fully advance our mission and transform the lives of countless children impacted by Adverse Childhood Experiences (ACEs) and toxic stress. The Leadership Circle is comprised of supporters who reach a lifetime contribution amount of $50,000 or greater. Existing members are listed below:

Bella Vista Foundation  
Blue Shield of California Foundation  
The California Endowment  
California Wellness Foundation  
California Pacific Medical Center  
The David B. Gold Foundation  
DuPont  
Futures Without Violence (in-kind)  
Gruber Family Foundation  
The Mimi and Peter Haas Fund  
JPB Foundation  
Latham and Watkins, LLP (in-kind)  
Lucile Packard Children's Hospital (in-kind)  
JaMel Perkins  
Lisa Stone and John Pritzker Family Fund  
The Rosenberg Foundation  
San Francisco Forty Niners Foundation  
The San Francisco Foundation  
The Sarlo Foundation  
SEIU-UHW  
Ruth Shaber  
Sierra Health Foundation  
Beth and Russell Siegelman  
The Laszlo N. Tauber Family Foundation  
Taproot Foundation (in-kind)  
Tipping Point Community
**15 YEAR FISCAL YEAR CONTRIBUTIONS**

We are incredibly grateful to our generous family of supporters. Thank you!

### Champion ($25,000-$49,999)
- Mimi and Peter Haas Fund
- Pfizer Inc.
- Rosenberg Foundation

### Partner ($10,000 - $24,999)
- Ron Conway/sf.citi
- Ann and Gordon Getty Foundation
- Dr. Nadine Burke & Arno Harris
- George F. Jewett Foundation
- Vincent Mellet

### Friend ($5,000 - $9,999)
- Dr. Victor Carrion
- Barbara Jones Charitable Fund
- Bradley Singer
- Charles Siu

### Teammate ($1,000 - $4,999)
- Stephen Dodson
- RDJ Enterprise Inc
- Tad Freese
- Chrysanthe L. Gussis-Rosson
- Latanya and John Hilton
- Kathleen Kelly Janus
- Kaiser Permanente Corp.
- Dr. Judy Li
- Palmedo Family Foundation
- Anna and Mason Morfit
- William E.G. Rothman
- Elizabeth and Jim Steyer
- Tibco Software, Inc.

### Supporter ($500 - $999)
- Kenneth Hilton
- Leon Hilton
- Claus Mikkelsen
- Roselinda Schulman

### Advocate (up to $500)
- 21st Amendment Brewery
- Geoff Akins
- Jamie Allison-Hope
- Michael Ashe
- Paul Baker
- Kristi Bassett
- Gina Braden
- Calista Jane Brophy
- Joseph Cancilla
- Theresa Cangelosi
- Victoria Canty
- Matt Cervantes
- Myra Chow
- Lisa Ann Erburu & Mark Cocalis
- Charmaine Curtis
- Theresa de Almeida
- Deborah Dalton
- Indra Davis
- Wendell Davis
- Julie Doherty
- Ryan Elders
- Patience Elving
- Christine Firko
- Oliver Flint
- Dania Wright & Sharif Frink
- Lisa Fuydol
- Maryl Gearhart
- Whitney Giehl
- Jeremy Gillick
- Francesca Gobeille
- Rebecca Grant
- Gillian Gray
- Janine Greer
- Richard Gross
- Kyle Havens
- Trevor Hewitt
- Pamela Hiller
- Susie Hilton
- David Hunter
- Lisa Hunter
- Eleanor Hurley
- Nicola Idehen
- Elizabeth Johnson
- Sterling Johnson
- Dwayne Jones
- Amy Jones
- Dan Flanagan & Geoff Kerr
- Sarah Kim
- Kathleen Kroboth
- Jennifer Landig
- Michael Lawrence
- Kathy Leventhal
- Suzy Loftus
- William Lorton
- Debra Lyman
- Cheryl Masters
- Mary McClure
- Emily Miller
- Mike Miller
- Carmen Tam Miller
- Carol Moran
- Sasha Morduchowicz
- Julie Mozena
- Brian Nelson
- Christine Nguyen
- Darren Norris
- Yoichiro Ohno
- Susanna Osorno-Crandall
- Bilen Mesfin & Damon Packwood
- Kim Pierson
- Tracy Pruitt
- Dr. Todd Renschler
- Beth Richtman
- Kristen Rumph
- Claudine Ryan
- S.H. Cowell Foundation
- Aristotile Saunders
- Michael Schodorf
- Justin Schulman
- Sunny Schwartz
- Robert Strasser
- David Szamborski
- Lesley Tannahill
- Serge Tedjong
- Ann Patricia Telthorst
- Paul Tough
- Victoria Vera
- Lydia Vincent
- Tracy Ward
- Maxine Wilson
- Alethea Young

### In-Kind Donations
- Victoria Canty
- Child Trauma Research Project
- Design in Mind
- Latham & Watkins, LLP
- Taliva Martin
- Taproot Foundation
- Roselinda Schulman
- Seven International
- Stewart Woods & Associates
- University of California, San Francisco