

Speak Up for Healing

CENTER FOR  
**YOUTH WELLNESS**  
*health begins with hope*



## Speak Up for Healing

Dear Friend,

For many, the holiday season brings a time of gratitude, joy and reflection. The same is true for us and our wonderful community of healers. Here are just some of the highlights of what you have helped us accomplish in 2014:

- We're on track to serve over 200 young patients exposed to [Adverse Childhood Experiences \(ACEs\)](#) with world class integrated clinical care;
- We hosted "[Children Can Thrive: California's Response to ACEs](#)"—California's first statewide summit on ACEs—welcoming over 200 physicians, policy makers and advocates from across the state;
- We published a data report, [A Hidden Crisis: Findings on Adverse Childhood Experiences in California](#), and;
- We engaged Bayview community members in an important discussion about biomedical research in low-income communities of color led by members of the [Henrietta Lacks family](#) (featured in the *New York Times* bestseller [The Immortal Life of Henrietta Lacks](#)).

We believe these are important steps on the way to achieving our goal of transforming pediatric practice to recognize ACEs as a risk factor for chronic disease. And we are making great strides to raise national awareness about toxic stress among those who have the power to make a difference—from parents to pediatricians to policy makers. We also believe that we are all healers, and we can't do this important work without the great people who stand with us.

[Please consider a gift to Center for Youth Wellness today so we can continue to advocate for children's health.](#)

Here's what your gift can do:

- \$500 funds one ACEs training for educators and medical providers
- \$250 underwrites a therapeutic session for a child experiencing toxic stress
- \$75 supports one week of intensive case management
- \$50 funds three hours of patient education about the impact of ACEs

**Join us and speak up for healing! [Please give today.](#)**

Every child deserves an equal opportunity to be healthy and thrive. We know that we, as a society, can finally do right by our kids. Together, we are changing the world, starting in Bayview Hunters Point!

Thank you for your continued support.

Warmly,

A handwritten signature in black ink that reads "Nadine Burke Harris". The signature is written in a cursive style.

Nadine Burke Harris, MD, MPH

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